

My name is Dr. Alan Frederick Bain. I have worked in acute COVID and Long COVID since before November 2020. During that time, I witnessed what I believe were remarkable effects from a simple drug called ivermectin—a drug that was vilified by intelligent, knowledgeable scientific and medical professionals who, in my view, allowed fear and an overwhelming narrative to interfere with their willingness to consider simple answers.

I witnessed many successes with ivermectin. In 2021, on three separate occasions, I was called upon by a judge to enter hospitals and administer ivermectin through a nasogastric tube to ventilated patients who were near death.

These three families fought extraordinarily hard for their loved ones. With the remarkable legal tenacity of the Lorigo group, they challenged hospitals for the right to try a treatment they believed offered hope.

Meanwhile, I witnessed patients receiving steroid doses that I believed were inadequate and fluids being severely restricted because of fear that additional fluid would jeopardize already-damaged lung tissue. Patients were also given remdesivir, in some instances despite their families' objections. I had profound concerns about the science supporting these decisions, including what I viewed as shifting research endpoints surrounding remdesivir's acceptance. To me, that represented a manipulation of the scientific method rather than good science.

Despite all of this, these families continued fighting for the opportunity to save their loved ones.

On each occasion, I showed up as an Unvaccinated physician and was vilified for that as well. But I showed up because I believed I had an obligation to fight for a person's right to live—and for a person's fundamental right to self-determination and to participate in decisions concerning his or her own continued existence.

In all three cases, under different circumstances, my patients came off their ventilators and returned to their families.

Across our country, other patients received ivermectin and survived. In New York, through the work of attorney Ralph Lorigo, I learned of three additional ventilated patients who received ivermectin and subsequently came off their ventilators.

I am here to testify to what I witnessed and to state my belief that had physicians been freer to use simple treatments such as ivermectin and hydroxychloroquine, thousands more lives could have been saved.

Had we not been so afraid to administer fluids—when physicians were being told to “dry patients out”—I believe many more lives might also have been saved. My nurse and I personally witnessed pulse oximetry improve simply from administering normal saline.

This tragedy must be discussed, investigated, and written about so future physicians never feel

compelled to kowtow to authorities when the rules being imposed are supported by questionable scientific thinking, logic, or methodology.

Science is a conversation. Science is investigation. Science is not God. Science requires questioning.

There was, in my judgment, no common sense in watching desperately ill patients deteriorate while physicians were discouraged from exercising independent clinical judgment. This was a dark time when fear overtook medicine and physicians were harnessed by political pressures, institutional systems, and a medical-industrial complex that too often prioritized following prevailing rules over recognizing the humanity of the individual patient.

We must never allow that to happen again.

This is the United States of America—a nation that fought for freedom. Yet during one of the greatest medical crises of our lifetime, too many citizens had to fight the very institutions entrusted with their care simply for the freedom to choose how to fight for their own lives.

We owe them better.

Thank you for allowing me to speak.